

# CAMP AT THE J

# LUNCH MENU SESSION 1

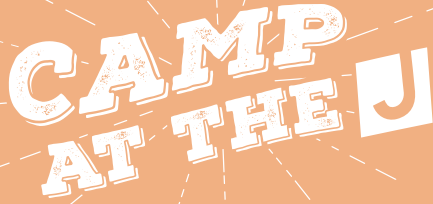


**Healthy Camp Lunches** are purchased as an alternative to packing lunches. All are kosher and nut-free. Below is the menu. Please also pack a snack each day.

Sessions 1 & 2: \$63.75/session • Session 3: \$42.50 • Session 4 & Specialty Camps: \$21.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JUNE 11</b> Sloppy Joes on Bun Mashed Potatoes Seasoned Corn Diced Pears	<b>12</b> Hot Dogs on Bun Black Beans for Infants Tater Tots Capri Blend Vegetables Diced Peaches	<b>13</b> Chicken Nuggets Whole Wheat Roll Whole Wheat Noodles Carrots Mandarin Oranges	<b>14</b> Cincinnati Style Chili Bow Tie Pasta Snap Peas Sliced Peaches	<b>15</b> Grilled Hamburgers Whole Wheat Buns Veggie Straws Animal Crackers
<b>18</b> Fish Sticks Macaroni and Cheese Green Beans Pineapples	<b>19</b> Baked Chicken Schnitzel w/ Honey Mustard Noodles Peas Diced Pears	<b>20</b> Cheesy Pasta Bake Whole Wheat Roll Green Beans Sliced Oranges	<b>21</b> Kosher Bologna on Challah Roll Mashed Potatoes Carrots Sliced Melon	<b>22</b> Grilled Hamburgers Whole Wheat Buns Pretzels Diced Pears
<b>25</b> Pizza Bagels with Sauce and Cheese Vegetable Soup Sliced Apples	<b>26</b> Chicken Cacciatore Couscous Italian Green Beans Diced Pears	<b>27</b> Chicken Nuggets Cornbread Tater Tots Green Beans Pineapples	<b>28</b> Hamburgers on Bun Mashed Potatoes Vegetable Medley Sliced Apples	<b>29</b> Grilled Hotdogs Whole Wheat Bun Chips Cookies Applesauce

\*The JCC is under the supervision of the VAAD Hoer (CRC Kosher).



# LUNCH MENU SESSION 2



**Healthy Camp Lunches** are purchased as an alternative to packing lunches. All are kosher and nut-free. Below is the menu. Please also pack a snack each day.

Sessions 1 & 2: \$63.75/session • Session 3: \$42.50 • Session 4 & Specialty Camps: \$21.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JULY 2</b> Pizza Bagels with Sauce and Cheese Tater Tots Green Beans Sliced Apples	<b>3</b> All Beef Hotdog on Bun Potato Salad Carrots Watermelon	<b>4</b> NO CAMP	<b>5</b> Quiche with Cheese Mini Muffins Hash Brown Potatoes Mixed Vegetables Mandarin Oranges	<b>6</b> Grilled Hamburger Whole Wheat Bun Chips Italian Ice Diced Peaches
<b>9</b> Grilled Cheese Potato Pancake Green Beans Mandarin Oranges	<b>10</b> Turkey Meat Sauce Bow Tie Pasta Broccoli Melon Wedge	<b>11</b> Fish Sticks Macaroni and Cheese Squash Medley Applesauce	<b>12</b> Chicken Nuggets Whole Wheat Noodles Mixed Vegetables Fruit Salad	<b>13</b> Grilled Hot Dogs Whole Wheat Bun Pretzels Oatmeal Raisin Cookies Tropical Fruit Cups
<b>16</b> Cheese Quesadilla Red Beans and Rice Succotash Apple Slices	<b>17</b> Chicken Nuggets Whole Wheat Roll Mashed Potatoes Capri Blend Vegetables Diced Pears	<b>18</b> Sloppy Joes with Bun Whole Wheat Noodles Oregon Blend Vegetables Fresh Fruit Salad	<b>19</b> Kosher Bologna on Challah Roll Tater Tots Seasoned Corn Mandarin Oranges	<b>20</b> Grilled Hamburgers Whole Wheat Bun Mini Carrots Pineapple Cups Chocolate Chip Cookies

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# LUNCH MENU SESSION 3 & 4



**Healthy Camp Lunches** are purchased as an alternative to packing lunches. All are kosher and nut-free. Below is the menu. Please also pack a snack each day.

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## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### SESSION 3

#### JULY 23

Chicken Nuggets  
Whole Wheat Roll  
Mashed Potatoes  
Seasoned Corn  
Diced Pears

#### 24

Cheesy Pasta Bake  
with Sauce  
Green Beans  
Fruit Salad

#### 25

Hand Breaded  
Chicken Strips  
w/Honey Mustard  
Noodles  
Israeli Salad  
Mandarin Oranges

#### 26

Cincinnati Style Chili  
Bow Tie Pasta  
Snap Peas  
Sliced Peaches

#### 27

Grilled Hot Dogs  
Whole Wheat Bun  
Chips  
Italian Ice  
Applesauce Cup

#### 30

Pita Bread Pizza with  
Sauce and Cheese  
Tater Tots  
Seasoned Corn  
Pineapple

#### 31

Baked Chicken  
Schnitzel  
w/Honey Mustard  
Noodles  
Peas  
Diced Pears

#### AUG 1

Cheesy Pasta Bake  
with Sauce  
Green Beans  
Orange Slices

#### 2

Sloppy Joes  
Bun on Side  
Mashed Potatoes  
Roasted Veggies  
Mixed Berries

#### 3

Grilled Dogs  
Whole Wheat Bun  
Pretzels  
Parve Cookies  
Tropical Fruit Cup

### SESSION 4

#### 6

Pita Bread Pizza with  
Sauce and Cheese  
Tater Tots  
Seasoned Corn  
Sliced Apples

#### 7

Chicken Cacciatore  
Couscous  
Italian Green Beans  
Diced Pears

#### 8

Chicken Nuggets  
Cornbread  
Noodles  
Green Beans  
Diced Peaches

#### 9

Kosher Bologna on  
Challah Roll  
Mashed Potatoes  
Vegetable Medley  
Apple Slices

#### 10

Grilled Hamburgers  
Whole Wheat Bun  
Chips  
Italian Ice  
Applesauce Cups

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